


















Kids Agenda







 = Kids

 = Teens






 = Adults/Seniors





 = Everybody












Time	Event	Age	Location
All-day Events			
10:00–3:30	Dermascan Skin Analysis Adventist HealthCare		SAC
10:00–3:30	Grip Strength Test Adventist HealthCare		SAC
10:00–3:30	Blood Pressure and Stroke Assessments Holy Cross Hospital		SAC
10:00–3:30	Body Fat Assessments Holy Cross Hospital		SAC
10:00–3:30	Blood Pressure Screenings Suburban Hospital		SAC
10:00–3:30	Diabetic Eye Disease Screenings <i>by Lawrence Merin, R.B.P., F.O.P.S.</i> Assistant Professor of Ophthalmology and Director, Ophthalmic Imaging Center, Vanderbilt University		SAC
10:00–3:30	Color on T-Shirts <i>by Therese Clemens</i> Executive Director, Friends of the Clinical Center, NIH		SAC
10:00–3:30	Moon Bounce		Courtyard 1
10:00–3:30	NIH Central—Surf NIH's Healthy Web Sites and Find Answers to Your Health Questions		Media Center
10:00–3:30	Proper Hand Washing Skills with Dye Test <i>by Mary Ann Bordner</i> Hospital Epidemiology Service Warren G. Magnuson Clinical Center, NIH		Room 158
10:00–3:30	Mini Lab: Pipetting Practice—It's Not As Easy As It Looks		Room 163
10:00–3:30	Mini Lab: Centrifugation—Separate a Solid from a Liquid Mixture		Room 163
10:00–3:30	Mini Lab: Take the pH Test—Discover What Is Acidic and What Is Not <i>by Maggie Lora</i> National Cancer Institute, NIH		Room 163

10:00–3:30	Mercury Thermometer Exchange for Montgomery County, MD residents <i>Mercury thermometers must be transported in unbreakable, leak proof containers such as empty plastic soda or water bottles. All thermometers must be deposited in the containers located OUTSIDE of the school. No thermometers may be brought inside the school.</i>		Outside, University Blvd.
10:00–3:30	Tour NIH Police Mobile Command Center and Fire Engine from Silver Spring Fire Station, Station 16		University Blvd. Parking Lot
11:00–3:00	Rock Climbing Wall		Outside, Colesville Rd. Entrance
11:00–3:00	NIH Healthy Games Don't miss your chance to be an Olympian for a day with track & field events, basketball, obstacle courses, exercise stations, and more		Track & Field Tennis Courts Basketball Courts
11:00–3:30	Preschool Vision Screening (ages 1–6) <i>by the Lions Clubs of District 22C</i>		Room 156
TBA	Canine Demonstrations <i>by the NIH Police Department</i>		Courtyard 2






10:00 Events











10:00–10:15	Welcome and Introductions <i>by Tom Gallagher, Ph.D.</i> Director, Office of Community Liaison, NIH		Gym (Right-hand side)
10:15–10:30	KEYNOTE ADDRESS Making Your Health Number One <i>by Yvonne Maddox, Ph.D.</i> Deputy Director, National Institute on Child Health and Human Development, NIH		Gym (Right-hand side)
10:00–10:25	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
10:00–10:25	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC

10:00–10:30	Mini Lab: What is a Drink?/Where Does Alcohol Go in the Body? <i>by Jason Lazarow, Ph.D.</i> Science Education Coordinator, National Institute on Alcohol Abuse and Alcoholism, NIH	 	Room 157
10:00–10:40	Music for Life <i>by Sheila Egan, M.T.-B.C.</i> Board Certified Music Therapist, Warren Grant Magnuson Clinical Center, NIH		Choral Room
10:00–10:45	Why Do We Become Addicted to Drugs (and Other Things that Hurt Us)? <i>by Paul Schnur, Ph.D.</i> Acting Deputy Director, Division of Neuroscience and Behavioral Research, National Institute on Drug Abuse, NIH		Room 117
10:00–11:00	Eye Anatomy—Dissection and Laser Lab: How the Visual System Works <i>by Emily Chew, M.D.</i> Deputy Director, National Eye Institute, NIH		Room 156
10:00–11:30	Mini Lab: DNA Report Card—Look at Your Own DNA, DNA Fingerprinting, Molecular Biology Toys and Models <i>by Jack Chirikjian, Ph.D.</i> Professor of Biochemistry and Molecular Biology, Georgetown University School of Medicine		Rooms 162, 164
10:30 Events			
10:30–10:55	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
10:30–10:55	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
10:30–11:00	Tai Chi <i>by Adeline Ge, M.D.</i> Clinician, Recreation Therapy, Rehabilitation Medicine Department, Warren Grant Magnuson Clinical Center, NIH		Room 111
10:30–11:00	Milk Matters/Building Better Bones <i>by Marianne Glass Duffy</i> Writer-Editor, National Institute of Child Health and Human Development, NIH		Room 173

10:30–11:00	Ask Robot, Holly Heart Questions about Your Heart Sponsored by the NIH Office of Research on Women's Health, and robot provided by Sister to Sister: Everyone Has A Heart Foundation, Inc.		SAC
10:30–12:00	Student Science Presentations with posters on display throughout the day		Blair Boulevard
10:45–11:25	Media Literacy of Tobacco <i>by Elissa Thorner and Jennifer Berarducci</i> Research Fellows, National Institute on Drug Abuse, NIH		Room 131
11:00 Events			
11:00–11:25	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
11:00–11:25	Anabolic Steroids, Sports and Exercise, and You <i>by Nancy Pilotte, Ph.D</i> Health Sciences Administrator, National Institute on Drug Abuse, NIH		Room 124
11:00–11:25	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
11:00–11:30	Tai Chi <i>by Adeline Ge, M.D.</i> Clinician, Recreation Therapy, Rehabilitation Medicine Department, Warren Grant Magnuson Clinical Center, NIH		Room 111
11:00–11:30	Strength Training with Resist-A-Bands <i>by Tina Atkinson</i> Recreation Specialist, Community Health Education, Montgomery County Department of Recreation		Room 113
11:00–11:30	Milk Matters/Building Better Bones <i>by Marianne Glass Duffy</i> Writer-Editor, National Institute of Child Health and Human Development, NIH		Room 173
11:00–11:30	Pesky Pimples <i>by Judith Wortman, M.A., R.N.</i> Scientific Information Analyst, National Institute of Arthritis and Musculoskeletal and Skin Diseases, NIH		Room 123

11:00–11:35	Using Your Senses Like a Doctor <i>by Jiwon Kim</i> Exhibition Educator, National Library of Medicine, NIH		Room 172
11:00–11:40	Meet the National Capital Therapy Dogs <i>by Harvey Eisen, Ph.D.</i> National Capital Therapy Dogs, Inc.		Room 177
11:00–11:45	Why Do We Become Addicted to Drugs (and Other Things that Hurt Us)? <i>by Paul Schnur, Ph.D.</i> Acting Deputy Director, Division of Neuroscience and Behavioral Research, National Institute on Drug Abuse, NIH		Room 117
11:00–12:00	Family Boot Camp and Sports Conditioning Clinic <i>by Angela Atwood-Moore</i> Biologist, National Institute on Child Health and Human Development, NIH and Get Moore Fit		Gym (Right-hand side)
11:00–12:30	Basketball Clinic Local basketball coaches provide tips for improving your game.		Gym (Left-hand side)
11:30 Events			
11:30–11:55	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
11:30–11:55	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
11:30–12:00	Facts about Your Children's Dental Health <i>by Nathalie Morin, D.D.S., M.P.H.</i> Dental Public Health Resident, National Institute of Dental and Craniofacial Research, NIH	 	Room 171
11:30–12:00	Ask Robot, Holly Heart Questions about Your Heart Sponsored by the NIH Office of Research on Women's Health, and robot provided by Sister to Sister: Everyone Has A Heart Foundation, Inc.		SAC
11:30–12:10	What to Do if You or Someone You Know Smokes? <i>by Elissa Thorner and Jennifer Berarducci</i> Research Fellows, National Institute on Drug Abuse, NIH		Room 131

11:30–12:30	Bone Zone—A Memory Game Starring Mr. Bones, Staying Connected—How Joints Work, Skin—What Lies Beneath: A Touch and Feel Activity, Muscles—Pump Them Up <i>by Nicole Schuett</i> Writer-Editor, National Institute of Arthritis and Musculoskeletal and Skin Diseases, NIH		Room 172
11:45–1:30	Mini Lab: DNA Report Card—Look at Your Own DNA, DNA Fingerprinting, Molecular Biology Toys and Models, Water-Health Experiments <i>by Jack Chirikjian, Ph.D.</i> Professor of Biochemistry and Molecular Biology, Georgetown University School of Medicine		Rooms 162, 164
12:00 Events			
12:00–12:25	The Kids on the Block Presentation about Healthy Snacking <i>by Diana Degnan-LaFon, M.A.</i> Director of Program Development, The Kids on the Block, Inc.		Room 111
12:00–12:25	Anabolic Steroids, Sports and Exercise, and You <i>by Nancy Pilotte, Ph.D.</i> Health Sciences Administrator, National Institute on Drug Abuse, NIH		Room 124
12:00–12:30	Acupuncture <i>by Adeline Ge, M.D.</i> Clinician, Recreation Therapy, Rehabilitation Medicine Department, Warren Grant Magnuson Clinical Center, NIH		Room 147
12:00–12:30	Your Day in the Sun <i>by Judith Wortman, M.A., R.N.</i> Scientific Information Analyst, National Institute of Arthritis and Musculoskeletal and Skin Diseases, NIH		Room 123
12:00–12:45	Coping with Stress for Parents and Children <i>by Linda Lang</i> Parent Educator, YMCA Bethesda Youth Services		Room 166

12:00–1:00	Drumming for Relaxation <i>by Sheila Egan, M.T.-B.C.</i> Board Certified Music Therapist and <i>Cindy White, M.A., C.T.R.S.</i> Recreation Therapist, Warren Grant Magnuson Clinical Center, NIH		Choral Room
12:30 Events			
12:30–1:00	Watching for Clues: Unlocking the Mysteries of Disease <i>by Jennifer Sienko and Kathryn McNeill</i> Fellows, Office of Communications, National Cancer Institute, NIH		Room 173
12:30–1:00	Ask Robot, Holly Heart Questions about Your Heart Sponsored by the NIH Office of Research on Women's Health, and robot provided by Sister to Sister: Everyone Has A Heart Foundation, Inc.		SAC
12:30–2:00	USA Weightlifting Demonstration <i>by Jami Willette-Brown, M.S.</i> USA Weightlifting Senior Coach, Central Maryland Gold Weightlifting Club		Gym (Right-hand side)
12:45–1:15	Facts about Your Children's Dental Health <i>by Nathalie Morin, D.D.S., M.P.H.</i> Dental Public Health Resident, National Institute of Dental and Craniofacial Research, NIH	 	Room 171
1:00 Events			
1:00–1:25	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
1:00–1:25	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
1:00–1:25	The Kids on the Block Presentation about Muscular Dystrophy <i>by Diana Degnan-LaFon, M.A.</i> Director of Program Development, The Kids on the Block, Inc.		Room 111

1:00–1:25	Anabolic Steroids, Sports and Exercise, and You <i>by Nancy Pilotte, Ph.D</i> Health Sciences Administrator, National Institute on Drug Abuse, NIH		Room 124
1:00–1:30	Strength Training with Resist-A-Bands <i>by Tina Atkinson</i> Recreation Specialist, Community Health Education, Montgomery County Department of Recreation		Room 113
1:00–1:35	Your Beating Heart Pulse Game <i>by Jiwon Kim</i> Exhibition Educator, National Library of Medicine, NIH		Room 172
1:00–1:45	Mini Lab: Fetal Alcohol Syndrome <i>by Jason Lazarow, Ph.D.</i> Science Education Coordinator, National Institute on Alcohol Abuse and Alcoholism, NIH	 	Room 157
1:00–2:30	Football Clinic & Autographs <i>by members of the DC Divas Women's Football Team</i>		Gym (Left-hand side)
1:30 Events			
1:30–1:55	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
1:30–1:55	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
1:30–2:00	Ask Robot, Holly Heart Questions about Your Heart Sponsored by the NIH Office of Research on Women's Health, and robot provided by Sister to Sister: Everyone Has A Heart Foundation, Inc.		SAC
1:30–2:00	Double Dutch Jump Rope Performance <i>by the nationally acclaimed jump rope team, the Greenbelt SITY Stars</i>		SAC Courtyard
1:30–2:00	Watching for Clues: Unlocking the Mysteries of Disease <i>by Anne Martin and Lynn Rundhaugen</i> Fellows, Office of Communications, National Cancer Institute, NIH		Room 173

1:30–2:30	Bone Zone—A Memory Game Starring Mr. Bones, Staying Connected—How Joints Work, Skin—What Lies Beneath: A Touch and Feel Activity, Muscles—Pump Them Up <i>by Nicole Schuett</i> Writer-Editor, National Institute of Arthritis and Musculoskeletal and Skin Diseases, NIH		Room 172
1:45–3:30	Mini Lab: DNA Report Card—Look at Your Own DNA, DNA Fingerprinting, Molecular Biology Toys and Models, Water Health Experiments <i>by Jack Chirikjian, Ph.D.</i> Professor of Biochemistry and Molecular Biology, Georgetown University School of Medicine		Rooms 162, 164
2:00 Events			
2:00–2:25	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
2:00–2:25	The Kids on the Block Presentation about Attention Deficit Hyperactivity Disorder <i>by Diana Degnan-LaFon, M.A.</i> Director of Program Development, The Kids on the Block, Inc.		Room 111
2:00–2:25	Anabolic Steroids, Sports and Exercise, and You <i>by Nancy Pilotte, Ph.D.</i> Health Sciences Administrator, National Institute on Drug Abuse, NIH		Room 124
2:00–2:25	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
2:00–2:30	The Big Parachute Game <i>by Tina Atkinson</i> Recreation Specialist, Community Health Education, Montgomery County Department of Recreation		Room 113

2:00–2:30	Sleep and Sleep Disorders in Children <i>by Carl Hunt, M.D.</i> Director, National Center on Sleep Disorders Research, National Heart, Lung, and Blood Institute, NIH		Room 167
2:00–2:40	Music for Life <i>by Sheila Egan, M.T.-B.C.</i> Board Certified Music Therapist, Warren Grant Magnuson Clinical Center, NIH		Choral Room
2:00–2:45	Mini Lab: Fetal Alcohol Syndrome <i>by Jason Lazarow, Ph.D.</i> Science Education Coordinator, National Institute on Alcohol Abuse and Alcoholism, NIH	 	Room 157
2:00–2:45	Infant Massage Workshop <i>by Irene Mitani</i> Infant Massage Instructor, YMCA Bethesda Youth Services	 	Room 166
2:00–3:30	Soccer Clinic Learn practical footwork maneuvers and other key techniques		Field behind Tennis Courts
2:00–3:30	USA Weightlifting Demonstration <i>by Jami Willette-Brown, M.S.</i> USA Weightlifting Senior Coach, Central Maryland Gold Weightlifting Club		Gym (Right-hand side)
2:30 Events			
2:30–2:55	Welcome to Roger's Party/Fatal Vision Goggles <i>by Roger Sorensen, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH	 	SAC
2:30–2:55	The Drunken Brain Exhibit/Fatal Vision Goggles <i>by Dennis Twombly, Ph.D.</i> Program Director, National Institute on Alcohol Abuse and Alcoholism, NIH		SAC
2:30–3:00	Ask Robot, Holly Heart Questions about Your Heart Sponsored by the NIH Office of Research on Women's Health, and robot provided by Sister to Sister: Everyone Has A Heart Foundation, Inc.		SAC
2:30–3:30	Athletes with Disabilities Competing in World's Second Largest Sporting Event—Paralympics <i>by Elizabeth Scott</i> Gold Medalist Swimmer, Sydney Paralympics		Room 123

3:00 Events

3:00–3:25

**Welcome to Roger's Party/Fatal Vision
Goggles**
by Roger Sorensen, Ph.D.
Program Director, National Institute on Alcohol
Abuse and Alcoholism, NIH



SAC